

# IZAM TRIBE

**An Exclusive Coming-Of-Age Mitzvah League**

**PARENT HANDBOOK**

## Welcome to BAM Tribe!

BAM Tribe, is a dynamic youth program designed for boys and girls in 6th grade, focusing on character development, Jewish values, and personal growth. The program aims to empower young individuals as they prepare for their Bar or Bat Mitzvah and navigate the transitional period of early adolescence, enabling them to be a leader in their Jewish community and their community. BAM Tribe provides an engaging environment where participants can develop essential skills, explore Jewish identity, and contribute to their community.



# How it Works

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Program Structure  
& Format



The BAM Tribe program is structured as a weekly ‘club’ where participants learn, discuss, and practice practical hands-on skills.

Participants engage in comprehensive Jewish education, deepening their knowledge of Jewish traditions, mitzvos, customs, rituals, and values. Lessons and discussions explore topics such as Torah study, Jewish history, ethics, and the significance of becoming a “Mitzvah Master” (having full ownership of their Judaism).

Participants are given the opportunity to develop practical skills within the framework of Judaism. For example, they will have the opportunity to learn and practice First Aid while learning the Torah’s perspective on Pikuach Nefesh. The program also encourages and provides opportunities for active participation in community service projects and acts of kindness.

BAM Tribe also allows for participants to immerse themselves in Jewish culture, traditions, and heritage. Activities may include visits to Jewish museums, exploring Jewish music and art, celebrating Jewish holidays, and engaging with guest speakers who share their Jewish experiences.

Each lesson concludes with a challenge that each participant can take on to apply what they learned in their everyday lives. For each skill they’ve acquired, they earn BAM Badges.



# Curriculum Outline

**B**AMmers embark on an enriching journey throughout the year, divided into four phases. Each phase offers unique opportunities for personal growth, exploration, and engagement with Jewish values and traditions. Together, these phases create a comprehensive and transformative experience for participants, allowing them to truly own their yiddishkeit.

## 1. Quests

During this initial phase, BAMmers embark on a series of quests that delve deep into their Jewish identity & purpose. They explore fundamental questions such as "Who am I as a Jew?" & "What is my unique place in the world?". Through meaningful discussions, introspection, & guided activities, BAMmers gain a deeper understanding of their Jewish heritage, personal values, & the role they can play in shaping their communities and the world.

### Unit 1 - Me

<b>Lesson 1</b>	<b>What is a Mitzvah?</b>	BAMmers will learn what a Mitzvah is, how it strengthens our intrinsic connection to Hashem, and what becoming Bar/Bat Mitzvah means.
<b>Lesson 2</b>	<b>Worldwide We</b>	Each person is made up of their own unique talents and abilities, and together we make up a much greater whole. BAMmers will learn how each individual plays a role in a much bigger picture and the importance of Ahavas Yisrael.

### Unit 2 - Who's On My Team?

<b>Lesson 1</b>	<b>Our Parents &amp; Elders</b>	BAMmers will explore the value of respecting their elders and the Mitzvah of Kibbud Av Va'eim.
<b>Lesson 2</b>	<b>Our Rabbis &amp; Spiritual Leaders</b>	BAMmers will learn the importance of 'Asei Lcha Rav,' and how our Rabbis are here to guide and support us.



## 2. Adventures

In the second phase, BAMmers embark on exciting adventures that allow them to put their Jewish values into action. They actively engage in acts of kindness, acquire practical skills, & immerse themselves in experiences that bring Jewish traditions to life. From learning first aid, culinary arts, navigating the synagogue, & conducting research, BAMmers acquire a diverse range of skills that enable them to actively contribute to their communities & practice Jewish rituals and traditions.

### Unit 3 - Community Contributors Adventure

<b>Lesson 1</b>	<b>First Aid</b>	BAMmers will explore how valued human life is in Torah. They will learn concepts such as how saving a life is as though saving a whole world, and how saving a life is doche Shabbos.
<b>Lesson 2</b>	<b>Tzedakah</b>	BAMmers will learn about what the Mitzvah of Tzedakah actually is and will be introduced to the concept of how there can be spiritual Tzedakah too, not just physical.
<b>Lesson 3</b>	<b>Spiritual Tzedakah</b>	BAMmers will explore Tzedakah on a more sophisticated level. Tzedakah isn't just putting coins into a charity box, it can be spiritual help too.
<b>Lesson 4</b>	<b>Marketing</b>	BAMmers will recognize how as capable, unique individuals, each of us has something to share, and we have to share our strengths with the world!

## Unit 4 - Home & Personal Adventures

<b>Lesson 1</b>	<b>Shabbat Takeover</b>	BAMmers will learn how Shabbos is a most precious gift. They will come to understand the value of disconnecting to focus inwards and be encouraged to 'deplug' for some time.
<b>Lesson 2</b>	<b>Culinary Arts</b>	BAMmers will learn cooking and baking skills through the focus of preparing for Shabbos in an hour.
<b>Lesson 3</b>	<b>Nikayon</b>	BAMmers will explore the value of Seder Vnikayon and how we have to present ourselves in a dignified manner, representing our inner worth.
<b>Lesson 4</b>	<b>Money Management</b>	BAMmers will learn money management and budgeting skills while exploring the Torah concept of Ba'al Tashchis and Ma'aser.
<b>Lesson 5</b>	<b>Gratitude</b>	The importance of being thankful for what we have. BAMmers will learn how Yiddishkeit focuses on gratitude through learning about Modeh Ani, Tefillah, and Brachos.

## Unit 5 - Jewish Places Adventures

<b>Lesson 1</b>	<b>Jewish Museum</b>	BAMmers will explore how Judaism has survived through the ages. The Torah we have is the same as always, and so are our traditions that have been passed down throughout the generations.
<b>Lesson 2</b>	<b>Synagogue</b>	A Shul is a holy place where we feel more connected to Hashem's presence. BAMmers will learn about the importance of acting with kavod in a shul, how to navigate shul and davening, and using a siddur and chumash.
<b>Lesson 3</b>	<b>Jewish Scribe</b>	How are Torah scrolls, Mezuzahs, and Tefillin made? BAMmers will learn about a sofer's job and the fine details that go into making these holy objects.
<b>Lesson 4</b>	<b>Kosher Supermarket</b>	BAMmers will learn about Kashrus and Brachos, and how the food Hashem gave us is meant to be elevated.



## 3. Overcoming Obstacles

In the third phase, BAMmers confront & overcome obstacles & challenges that may arise on their journey. Exploring the realities of anti-Semitism, they develop resilience in the face of adversity and learn how to debate and champion Jewish causes, such as Holocaust & the Jewish right to Israel. By navigating these challenges & learning how to debate, BAMmers strengthen their character, & deepen their commitment to their Jewish identity.

### Unit 4: Anti-Semitism

<b>Lesson 1</b>	<b>Holocaust</b>	BAMmers will learn about Jewish strength and resilience during the Holocaust. They will explore how this relates to us today and how Yiddishkeit lives on - Am Yisrael Chai.
<b>Lesson 2</b>	<b>Israel's Right to Existence</b>	BAMmers will learn how Eretz Yisrael is our home and has belonged to us always, all the way back since Hashem promised it to Avraham Avinu.
<b>Lesson 3</b>	<b>Debate</b>	BAMmers will explore how debate is used throughout Torah. They will learn how to properly debate and debate Jewish concepts and causes.



## 4. Celebration

In the final phase of BAM Scouts, BAMmers celebrate their accomplishments, share experiences, & reflect on personal growth. They research a Jewish hero or their family, & explore their role in world completion. The journey culminates with a grand banquet, where BAMmers, their families, & the community come together to honor the achievements of the Scouts. This phase marks a meaningful transition as BAMmers continue their mitzvah journey, equipped with valuable tools & experiences of becoming a Bar/Bat Mitzvah.

### Unit 4: Anti-Semitism

<b>Lesson 1</b>	<b>Research and Report</b>	BAMmers will learn the importance of Mesorah and recognize how each one of us is a link in a chain connecting us all the way back to our Avos and Imahos. They will learn how to research and create a report on their family or a Jewish hero.
<b>Lesson 2</b>	<b>It's Your World, Change It!</b>	In this final lesson, BAMmers will learn about our ultimate goal-Moshiach, and how each one of us can play a part in bringing the world to Geulah.

# Bam Tribe Schedule Outline

Activity:	Timing:	Description:
Hebrew Reading & Prayers	30 Minutes	Using the highly acclaimed Alep Champ Curriculum Bammers will master Hebrew reading and be able to read the prayers.
BAM Lesson	45 Minutes	Empower the BAmMers with life-changing wisdom using our fresh and fabulous BAM Tribe curriculum.
Break Time	10-15 Minutes	Bammers get to socialize, snack, and play.
JewQ Lesson	20-30 Minutes	JEWQ is an international Jewish Study competition where participants study, compete and earn prizes. (see more info on our website)

## About the JewQ Competition

**JOIN JEWQ**  
Start your JewQ journey by getting your study book and launch prize.

**STUDY HARD**  
Study your Jewish heritage in school and at home every week.

**REVIEW WELL**  
Play fun review games at [CKids.org/gamezone](http://CKids.org/gamezone) to master the material.

**TAKE TESTS**  
Take the 3 tests to showcase your knowledge and earn prizes!

MASTER THE FUNDAMENTALS OF JUDAISM AND AVERAGE AT LEAST A 70% ON ALL 3 TESTS TO QUALIFY AS A JEWQ CHAMPION AND PARTICIPATE IN THE LOCAL AND INTERNATIONAL CHAMPIONSHIPS!!!

**LOCAL CHAMPIONSHIP**  
**GRAND TRIP**  
Participate in an exciting championship in your area and go on a fun trip!

**CKIDS SHABBATON**  
**FINAL TEST**  
Take the final JewQ test at the exclusive CKids weekend experience in NYC with thrilling trips and activities.

**THE INTERNATIONAL CHAMPIONSHIP**  
**AWARDS**  
Receive your medal on the international stage. The top 2 champions from each school will compete in a live gameshow!